EUROPEAN MAN OR DR. FREUD'S COUCH

(a C.S. appraisal of Freudian Man)

- The Age of Einstein, Marx, & Freud
- Facts- Theories- Method of Therapy- Philosophy of Man

I. FREUD: PHILOSOPHER OR HUMAN UNHAPPINESS

- A. Three-headed monster: Body- External world- Relations with others.
- B. **Fleeing the monster:** nine ways to seek "happiness": unrestricted satisfaction, isolation, science, intoxication, Yoga, work, illusions (Imagination, Art, Religion) being in love, Aesthetic attitude.
- C. **Freudian Man:** self-preservation; love of aggression; need for love; impulse to attain pleasure & avoid pain (Epicurean).
 - 1. **Id:** unconscious, libidinal, sexual, aggressive.
 - 2. **Ego and Super-Ego:** derivative, survival, disciplinary.
 - 3. **Happiness:** direct, unrestricted satisfaction of basic instincts, not part of "plan of creation"; three-headed monster, **Society.**

4. Blind Evolution:

- Structural incompatibility of man and society
- Nasty and sadistic: sublimation and sense-of-guilt
- Civilization: built on human sacrifice and feeling guilty.
- 5. **Guilt:** external and internal origins: Oedipus complex and primordial murder of the father.
- 6. **Oedipus-Prometheus:** tragic vs. rationalistic atheism; moral indignation. *Freudian Man: moral sense **not** original: no victory.

II. FREUD: DEFLATOR OF EUROPEAN "CIVILIZED" MAN

- A. Triple blow to **Self-image:** Copernicus- Darwin- Freud.
- B. On-the-couch: rationalist- romantic- spiritual Man
- C. Analysis:
 - 1. **Civilization a thin veneer**: progeny of frustrated parents, letting-off-steam, compensation prize; compromise, mediocrity; slave-labor, nature-renunciation.
 - 2. Three-fold Delusion of Grandeur:
 - **Rational man**: truth, beauty, goodness, in classical splendor and harmony.
 - **Romantic man**: rebel-creator, master morality, creativity, adventure, depth of feeling, self-fulfillment.
 - **Spiritual man**: joy, freedom, communion, spontaneous generosity and mercy, mutual service, delight in fulfillment of others, love of enemies
- D. The not-so-flattering truth: Freudian "wisdom":
 - 1. Avoid being seduced by grandiose images of Man
 - 2. Forget about inherent goodness and purity
 - 3. You are not the master of your destiny
 - 4. Your greatest achievements are mere palliatives
 - 5. Siduri as Sage (a pretty clever chick for someone so ancient!)
 - 6. "the **adjustment** is all" (apologies to the **ripeness** man-Bill Shakespeare).

III. APRAISAL-DIALOGUE-FOOD FOR CVSP THOUGHT

- A. **Positive** contribution: "Critique of Un-Reason"- a powerful **corrective** to shallow intellectualism and naïve optimism.
- B. Unduly **pessimistic** ethos; no *eye* for authentic positive aspects of human life: **reductionist**; *partial* theories.
 - 1. Cynicism: **facile** negativity and tortuous obfuscation, debilitating complexity; **the real challenge**-provide **solid** basis for human trust and transparency.
 - 2. Victim-mentality: academic **excuse** for mediocrity..; over-permissiveness: self-control is **not** repression.
 - 3. **Over-generalization** of results of his own specialization: *partial* theories: biased *sample* of the human race.
 - 4. Neglect of Reason, will, Conscience, the Imagination as **autonomous**, **creative** powers of the Human: **reductionist** even in depiction of **instinctual** makeup (e.g. alternative theory: **Seven** basic instinct-clusters).
 - 5. **Inadequate** analysis of the phenomenon of **guilt: objective** counterpart of human freedom, solidarity, *empathy*, responsibility and **dignity**.
 - 6. A **travesty** of the infinitely **rich** human reality and experience of **love**.
 - 7. Reductionist analysis of Art, Science, and Religion as mere **palliatives**.
 - 8. **Cavalier** treatment of opponent views: the only **unforgivable sin** in C.S.!
 - 9. **Self-defeating** philosophy of man; status of Freud's views reduced to sublimation, compensation, self-deception, etc...: obvious loss of power to compel.
 - 10. Woman