

FINAL EXAMINATION
Education 223

Professor: Dr. Hanine Hout

Student's Name: _____

Short Essay Questions

1-WHY do school counselors choose to counsel students **in groups**? Discuss **three** reasons.(6%)

2-During the assessment phase of a crisis situation, the counselor is keen on achieving certain important goals.(please read a and b before you attempt to answer a)

- a) DISCUSS **three** goals and explain why they are so important to be achieved at this point in therapy. (6%)
- b) In **certain** situations, where the student turns out to be **suicidal**, the counselor becomes keener on establishing the "degree **of lethality**" during this assessment phase!
EXPLAIN the concept of "degree of lethality"! (3%)

3-Discuss three developmental, age-related, considerations that you have to keep in mind while counseling an eight-year-old student deal with the death of his grandmother? (6%)

4- Discuss **three** characteristics that describe a well-functioning family. (6%)

5-Adlerian family therapy differs from Strategic family therapy on a number of issues. Choose **two** of these issues and discuss **each** therapy's point of view regarding these **two** elements. (8%)

6- Explain the difference between an adaptive and a maladaptive strategy during the coping phase of crisis reaction- (6%)

7- Discuss **two** group counseling techniques that can **ONLY** be applied **in groups** and **NOT** in individual counseling. (6%)

8a- Give an example (scenario) of an **"I" message** in group counseling. (4%)

8b- **WHY** do group counselors insist that group members use the **"I" message** instead of the **"you"** messages? Give **three** reasons. **EXPLAIN.** (6%)

9- Briefly **describe** and **explain** the purpose of the **'small stage'** activity in group counseling! (3%)

10- If I were to compose a group for teaching "learning skills" for 3rd graders, **which** best combination of the following groups of students should I include in my group:

- 1) all are underachievers
 - 2) combination of high and underachievers
 - 3) all are high-achievers *EXPLAIN WHY!!*
- (4%)

11- **WHY** is it important for some family therapists to ask family members to describe a **typical day** in their lives? **EXPLAIN!** (4%)

12- **Why** is it **important** for counselors to understand the different **types** of reactions to crisis situations, such as, apathy, bewilderment, hopelessness, etc.? **Explain.** (4%)

13- Briefly describe **three different** TYPES of suicide signals. (6%)

14_ What can a nursery preschool teacher do to make children more aware of the world of careers? Describe **two** situations. (4%)

15- Understanding the "**context of behavior**" is a major cornerstone in Adlerian therapy. **EXPLAIN** what Alfred Adler meant by this concept. (4%)